



Lundbeck US Charitable Fund Impact Report 2024 Giving





Introduction

Diseases of the brain carry a tremendous burden for people around the world. The complex and often notvisible effects of these diseases can have a devastating impact not only for affected individuals, but for their families, loved ones, and communities.

The Lundbeck US Charitable Fund is dedicated to supporting organizations who share our desire to reduce the burden of brain disorders. We purposefully deliver enabling resources that support individuals and families affected by brain diseases, improve disease education and care, and empower novel innovation to build a future in which these diseases can be better managed, or even cured.

We can see the powerful impact of collaborative community efforts. The organizations we supported over the last year are making a tangible impact on lives every day, and we are inspired by their persistence and ingenuity to address the burden of brain diseases both locally and globally. Thank you for all you do. Together, we are advancing brain health and transforming lives.

Molly Poarch, President, Lundbeck US Charitable Fund



The challenge of brain health

An estimated 50% Half of the world is affected An estimated 50% of the global population is directly affected by a brain disorder¹

€ 2nd leading cause of death

Neurological disorders are the second leading cause of death globally²

320% of the world's children affected

Roughly 1/5th of the world's children and adolescents live with a mental health disorder; suicide is the second cause of mortality among 15- to 29-year-olds⁵

Brain diseases reduce life by 10-20 years

The difference in average lifespan for people living with brain diseases versus healthy individuals⁴

Environment matters

Socio-economic determinants of health, such as poverty, discrimination or conflict, have a negative impact on brain health³

Sources: ¹ Data from Global Burden of Disease Study 2019 (GBD 2019) Data Resources using the GHD x tool by the Institute for Health Metrics and Evaluation, University of Washington. ². World Health Organization. Brain health Taken from the internet December 2020: www.who.int (https://www.who.int/health-topics/brain-health#tab=tab_2). ³. Markham, Henry (2013) "Seven challenges for neuroscience" Functional Neurology, Volume 28, Issue 3. Taker from the internet December 2020: www.ncbi.nlm.nih.gov (https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3812747/). ⁴. Mortality and causes of death in schizophrenia in Stockholm county, Sweden. Osby U, Correia N, Brandt L, Ekbom A, Sparén P. Schizophr Res. 2000;45(1–2):21–8. ⁵. European Federation of Neurological Associations. Results of EFNA's Survey on Stigma and Neurological Disorder. Taken from the internet August 2021: www.efna.net (https://www.efna.net/survey2020/)



Our giving strategy

The Lundbeck US Charitable Fund provides grants to organizations whose missions align with Lundbeck's purpose to advance brain health, transform lives and accelerate efforts to build a healthy, sustainable society.

Accelerate ongoing community efforts



- Chicagoland encompasses a large, diverse community with a significant burden of brain disorders. The Lundbeck US Charitable Fund thoughtfully enables organizations that are changing lives every day through localized outreach, interventions and support for some of our most at-risk communities, particularly in the areas of mental health.
- Importantly, these organizations are also working to address social determinants that impact health outcomes, including access to education and quality care, safety in communities and economic stability.

Address gaps in care today through community collaboration

- We support populations that carry a high burden of brain disorders, enriching support for underserved communities and funding technology-based, integrated care solutions that make it possible to expand the reach and connectivity to affected individuals.
- Specifically, we provide enabling resources to organizations that support veterans and military families, a population disproportionately affected by mental health disorders with significant barriers to care including stigma.



Fuel truly novel strategies for **future progress**

- We aim to support the next generation of care for brain disorders through novel innovation pathways today, which define unmet needs and source new ideas and strategies to solve some of the most persistent challenges.
- In particular, we are pursuing novel approaches to address significant barriers to effective care of rare neurological disorders, including pathways to screening and diagnosis, access to specialists and novel care strategies.



Supporting brain health champions in 2024



with resources to advance critical missions in brain health

Belivered \$4.6M to enable broader reach, higher impact to affected communities

Grants distributed across three areas of the Fund strategy

- •\$1M to organizations across the Chicagoland area reaching 12,000+ people
- •\$3.1M+ to organizations supporting 10,000+ at-risk individuals and families
- •\$.5M to innovation-championing organizations



Supporting brain health champions in 2024

۶Fueled community sources of support for a range۶of brain disorders:

Insights

•Technology-based insight generation to better understand and intervene in periods of suicidality

Access

•Increasing access to brain health care via peer-to-peer support, crisis intervention, substance abuse treatment, flexible counseling, and wraparound support for housing, transportation, and food

Education

•Raising awareness and creating resources for patients of migraine, mood disorders, PTSD, and other brain health issues, especially in at-risk populations

^{*5}_x Catalyzed novel strategies for care in brain health

through collaborative innovation identifying opportunities to dismantle barriers associated with diagnosis and care of **rare neurological disorders**



Get to know the causes we're supporting Community

Incredible organizations support our Chicagoland community, not only providing support for brain disorders but by addressing social determinants of health, including access to education and quality care, community safety, and economic stability. Read more on how they are making an impact every day.



Image courtesy of Road Home









CommunityHealth

CommunityHealth | Communityhealth.org

- **Mission:** Serve people without essential health care. CommunityHealth is one of the largest volunteer-based health centers in the nation, providing completely free primary and specialty care, medications, lab testing, mental health services, and health education to low-income, uninsured and underinsured adults in Chicago.
- Impact:
 - In 2024, CommunityHealth delivered nearly 24,700 care appointments.
 - Through Fund support, the team strengthened its partnerships with other organizations to serve migrant health needs in Chicago, expanded its behavioral health program and built a Primary Care Access Taskforce, which saw new patient registrations increase by more than 200% since 2022.

Images courtesy of CommunityHealth





"Our goal is to ensure that anyone seeking peer support, whether through a local communitybased DBSA chapter, online support groups, or in a structured setting with the help of a peer specialist, has access regardless of their circumstances. Support from the Fund has helped strengthen our ability to deliver these critical services. We also aim to increase provider awareness and belief in peer support to ultimately achieve peer support as a standard recommendation as part of an individual's treatment plan for a mental health condition." – Michael Pollock, CEP



Depression and Bipolar Support Alliance (DBSA) | Dbsalliance.org

- **Mission:** DBSA envisions wellness for people living with mood disorders by working to ensure that anyone seeking peer support has access regardless of their circumstances. Importantly, DBSA envisions peer support as a standard recommendation from all clinicians and providers as part of a patient's treatment plan.
- **Impact:** With new resources from the Fund in 2024, DBSA is working to:
 - Expand the network of volunteers who lead peer support and counseling
 - Offer greater access to online support groups moderated by peer specialists for high-risk populations
- Grow the peer specialist workforce to help address the shortage of mental health providers





erie Family Health Foundation

Erie Family Health Foundation | Eriefamilyhealth.org/foundation/

- **Mission:** Motivated by the belief that healthcare is a human right, Erie Family Health Foundation is focused on increasing philanthropic contributions to expand the reach and impact of the Erie Family Health Centers' work. The Foundation works to raise funds for priority needs that help Erie fulfill its potential to transform lives and strengthen communities.
- **Impact:** The funds donated to the Erie Family Health Foundation will provide important wrap-around support in medically underserved communities, including substance abuse treatment programs, food access, housing, and transportation.
- The Fast Access Program increases Erie's capacity to focus on patients who have recently been discharged from the hospital or are living with severe mental illnesses, specifically identifying and addressing social drivers of health barriers to transitional, ongoing care to ensure they are able to access the treatment needed.
- The Substance Abuse Treatment Services (SUTS) Program offers support and education for those with substance use disorders through Certified Alcohol and Drug Counselors.



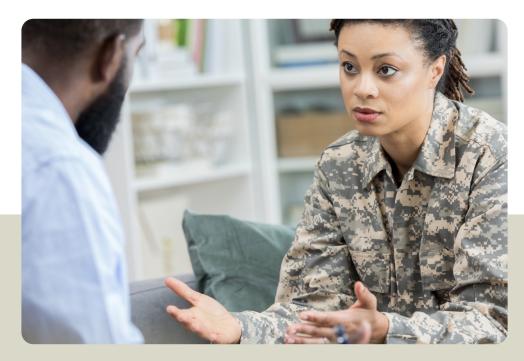
At-risk populations

This year we've provided resources to organizations dedicated to advancing care for populations with a high burden of brain disorders. Read more about how they are changing lives across the country.



Images courtesy of Stop Soldier Suicide and ROGER











National Headache Foundation (NHF) | OperationBrainstorm.org

- **Mission:** Creating a future where everyone in the world with headache can thrive in optimal, functional, and connected lives.
- Impact: NHF has leveraged Fund resources to launch a women-focused expansion of Operation Brainstorm[™], addressing migraine among females in the military community.
- Building upon the initial infrastructure of the effort, new phases will focus on online platforms to build education, awareness, and reach further to the target population.



Image courtesy of the NHF



Images courtesy of Stop Soldier Suicide and ROGER

"I had been in denial about the depth of pain and struggle that had been crippling my life. The safe and honest environment that ROGER provided allowed me to address the roots of the suicidal ideation before it could overwhelm me in one of my life's most difficult times. For the weary and exhausted veteran who has lost hope, ROGER's wellness coordinators will listen, encourage, guide, and help! ROGER is the real deal and can change broken lives." - ROGER client

★ STOP ★ SOLDIER ★ SUICIDE

Stop Soldier Suicide | stopsoldiersuicide.org

- **Mission:** Reduce service member and veteran suicide by using enhanced data insights, focused client acquisition, and suicidespecific intervention services. The ROGER wellness service provides counseling, crisis intervention, and suicide prevention–100% free for U.S. veterans and service members.
- **Impact:** Fund resources in 2024 helped the organization support individuals in all 50 states and Washington, D.C.
 - 12,000+ clinical hours of support, answering more than 5,000 requests for help
 - 23% said they had never shared their concerns before reaching out to ROGER
 - 92% of those meaningfully engaged showed improvement in mental wellbeing by the end of treatment
- Stop Soldier Suicide has also implemented the Black Box Project, a digital forensics initiative analyzing activities of those who have died by suicide to identify patterns and behaviors that could represent warning signs of suicidality, and use that information to improve suicide intervention strategies.









The Headstrong Project | theheadstrongproject.org

- **Mission**: The Headstrong Project is a non-profit mental health organization providing confidential, barrier-free, and stigma-free PTSD treatment to our veterans, service members, and family connected to their care. The organization's goal is to help its clients "Triumph Over Trauma" by providing them with effective mental health treatment, Headstrong's network of trauma-informed clinical partners provide individualized, evidence-based outpatient care to its clients.
- **Impact:** Fund resources have allowed The Headstrong Project to scale its mental health care services to meet coverage and care demands now working in 17 states and Washington, D.C.
- In 2024, The Headstrong Project delivered care to over 2,500 individuals via more than 44,000 therapy sessions. Since its inception, the organization has delivered more than 220,000 PTSD treatment sessions to members of the military and veteran community.





Image courtesy of the Road Home Program

"A retired special operations officer living in Virginia was referred to RHP to receive treatment from his home. Although he knew he needed intensive treatment because of severe PTSD symptoms, hopelessness, and near daily suicidal thoughts. He recently started a new job which prevented him from receiving treatment in-person. After receiving two-week virtual accelerated treatment, he experienced large reductions in PTSD symptoms that allowed him to function in his job and be emotionally present for his family. Moreover, he reported that his suicidal ideation resolved and that he experienced hope for the future for the first time in a long time."



RUSH

Road Home Program (RHP at Rush) | RoadHomeProgram.org

- **Mission:** The Road Home Program at Rush aims to compassionately care for veterans, service members, and their families by providing individualized care and navigation of services to help heal the invisible wounds of war. The Program serves veterans and service members of all eras and discharge statuses, as well as their families, at no out-of-pocket cost.
- **Impact:** Fund resources supported two cohorts of a first-of-its kind two-week accelerated outpatient treatment program in Chicago for military families.
- Since 2004, Rush Road Home has provided 162,000+ sessions to veterans, service members and families through this program, with clinical outcomes and patient satisfaction ratings surpassing what is commonly observed in weekly outpatient care.

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Future progress

The Lundbeck US Charitable Fund has continued to support MATTER, a Chicago-based organization fueling progress in healthcare innovation.

MATTER | matter.health

- MATTER is a global healthcare startup incubator, community nexus, and corporate innovation accelerator headquartered in Chicago. It is mobilizing a community of entrepreneurs, industry innovators, scientists, and clinicians committed to improving health and care for every patient.
- The partnership builds upon a 2023 accelerator challenge focused on leveraging data sciences for population-based insights in Alzheimer's and related dementias, which convened unique, technology-driven solutions to some of the most pressing barriers to diagnosis and care of these diseases.
- Now, the Fund has allocated resources for MATTER to initiate a new challenge oriented to addressing barriers that prevent prompt diagnosis and care of rare neurological disorders. They aim to propel novel solutions that can deliver more rapid screening for rare vs. prevalent neurological disease and support greater understanding among health providers and access to specialist referrals.

ADVANCING BRAIN HEALTH INNOVATION CHALLENGE Redefining care for people with rare neurological diseases "Our accelerators are designed to facilitative innovative solutions to solve challenging healthcare problems," said Steven Collens, CEO of MATTER. "We're grateful for the support of the Lundbeck Charitable US Fund, which allows us to develop this accelerator focused on advancing brain health. We look forward to fostering innovation that can to improve referral systems, enhance patient literacy, and streamline diagnostic pathways so we can make strides in enhancing health outcomes."



Continually aiming for impact

Our focused funding efforts equip organizations to make a meaningful difference in brain health – to help them reach more populations in need, to improve the state of care, and to offer a brighter future to every person they reach. This is what inspires us to continually pursue new opportunities where our resources can help deliver this impact.

Building upon the momentum we've generated so far, we continue to focus on areas of significant unmet need – whether supporting interventions in the **Chicago region**, addressing unmet needs in the most **at-risk populations**, or fueling the **next generation** of care.

By supporting key enabling tools, such as technology-aided intervention, or funding efforts to tackle social contributors to health outcomes, our funded organizations are better equipped than ever to deliver on their respective missions.



Image courtesy of Community Health

We believe that our collective effort will help advance the state of care brain health, and we look forward to continuing this important work together with all of you.



Impact Report | 2024 Giving



About the Lundbeck US Charitable Fund

Founded by the US affiliate of H. Lundbeck A/S, a global pharmaceutical company focusing exclusively on brain health, the Lundbeck US Charitable Fund is an independently managed nonprofit 501(c)(3) committed to responsibly and appropriately supporting organizations and programs that share our dedication to advancing brain health and transforming lives. For more information, visit LundbeckUSCharitableFund.org and connect with us on LinkedIn.